

## List of Tables

Table No	Title	Page
1.1	Magnesium functions in the body	6
1.2	Recommended Dietary Allowances (RDAs) for Magnesium	9
1.3	Selected Food Sources of Magnesium	11
1.4	Clinical Features of Hypomagnesaemia and magnesium deficiency	14
1.5	Causes of hypomagnesaemia	16
2.1	Demographics of the study healthy population	37
2.2	Demographics of the study patient population	37
3.1	Mg serum levels in healthy and patient subjects	41
3.2	Biostatistical analysis of Mg serum levels in healthy and patient subjects	42
3.3	Biostatistical analysis of Mg serum levels in males	44
3.4	Biostatistical analysis of Mg serum levels in females	45
3.5	Biostatistical analysis of Mg serum levels in smokers	47
3.6	Biostatistical analysis of Mg serum levels in non-smokers	48